## **REHEATING INSTRUCTIONS MEAT / VEGETABLE LASAGNA MEAL:**

For best results, allow tray of food to sit out for no longer than 3 hours to reach room temperature before reheating.

All heat & serve sides come in an oven ready tray and is recommended to reheat in.

## Lasagna

For best results allow lasagna to reach room temperature before reheating

- 1. Preheat oven to 385°
- 2. Cover lasagna- place in oven for approximately 40 to 45 min. until internal temperature reaches 145°
- 3. Once internal temperature is reached uncover and cook until top is browned Approx. 10 min.

## Green Beans with Garlic & Oil

Oven:

- 1. Place covered tray of green beans in a 350° oven. Heat for approximately 10 -15 min.
- 2. Remove lid ½ way through cooking and stir green beans. Loosely place lid back on tray and finish heating.
- **3.** For a tender green bean, continue cooking for up to an additional 20 minutes, until desired firmness is reached.

## Stove Top:

Reheat on a stove top in a sauté pan. Takes about 10 minutes low heat

- 1. On low heat, place green beans in pan
- 2. Stir green beans so they do not burn

Green beans are fully cooked, just need to heat through